

LOUDOUN COUNTY PUBLIC SCHOOLS

RULES AND REGULATIONS FOR STUDENTS

PARTICIPATING IN STUDENT ACTIVITIES

1. All rules become effective for each activity season on the first day of participation through the last scheduled event for that season.
2. Decisions concerning a student's eligibility to participate in student activities will be made by the local school administration subject to the governing rules and regulations of the organization overseeing the activity such as the Virginia High School League Rules and Regulations, Virginia Music Educators Association, DECA, Fellowship of Christian Athletes, etc.
3. All students are to abide by all school rules for student conduct; they are to conduct themselves at all times in a manner that brings credit to themselves as students and as representatives of Loudoun County Public Schools.
4. The student and/or parents/guardians **MUST REPORT** all injuries to the coach, director, sponsor or Athletic Trainer immediately upon occurrence.
5. Students must travel to and from contests with their team/group, unless prior approval is given by the coach, director, sponsor or local school administration.
6. All students are expected to abide by the rules established by Loudoun County Public Schools regarding practice schedules or related activities and excused and unexcused absences from practice or related activities.
7. Any student who is participating in a co-curricular or extra-curricular activity and who becomes involved in a situation, which is detrimental to the team, band, ensemble, cast, club and/or school, can expect disciplinary action, in accordance with school rules for behavior of student, deemed appropriate by the coach, director or sponsor and/or local school administration.
8. In order to participate in an activity or practice on any given day, student must report to school by no later than 15 minutes after the first bell to begin the school day and must remain in school that entire day. Exceptions may be made for doctor or dental appointments or reasons excused by the principal. (A doctor/dental note is required for this exception.)
9. Any student serving suspension or in-school restriction for violation of school rules will be ineligible to participate in a scheduled event on the day or days he/she is serving the punishment, including Saturdays and Sundays.
10. Any student who uses or possesses tobacco, electronic cigarettes, vapes, drugs, or alcohol while participating in interscholastic and/or co-curricular activities during the season will be ineligible to participate for 30 calendar days in competitions on the first violation. During the 30-days suspension from competitions, the student may attend practices and events (not in uniform at competitions) unless the student is suspended from school or otherwise declared ineligible to participate. A second violation would result in a 45-calendar day removal of the student from all activities or until the end of the season, whichever is longer. If the 45-calendar day suspension extends into the next season, the student may still have the opportunity to tryout and/or participate for the next season and will have to serve the remainder of the 45-calendar day suspension after the conclusion of the tryouts. A third violation would result in a 365-day suspension from all interscholastic, and co-curricular activities. Each incident is cumulative over the student's career and is not rescinded at the end of each school year.

11. Any student may resign from an activity anytime before the final team, ensemble, cast, club or group is selected without sacrificing his or her availability to participate in any other activity during that designated season if the other activity has not made its final selections.
12. When a student resigns or is dismissed from a team, ensemble, cast, club or group after the first performance, game, match or meet, he or she will be ineligible to participate in other specific instructional team, ensemble, cast, club or group activities until the cast, team, or group from which he or she resigned or was dismissed has concluded all regular season activities. Students may attend weight-lifting sessions and conditioning open to the general school population.
13. A student may not participate in more than one sport per season.

Students and parents/guardians must sign and return this form to the coach, director or sponsor and should keep a copy for their records.

I have reviewed the Loudoun County School Board/Loudoun County Public School's Student Activities Handbook online. I have read, understand and agree to abide by the Loudoun County Public School's rules and regulations for students participating in high school activities. As the student's parent/guardian, I agree to cooperate with school officials in managing my child's conduct while participating in all activities.

Student (Please print) _____

Student (Signature) _____ Date Signed _____

Parent/Guardian (Please print) _____

Parent/Guardian (Signature) _____ Date Signed _____